**FAITH IN ACTION COVID-19 IDEAS FOR HOURS**

The credits awarded for these activities will depend on the time spent and the level of effort.

You, as the coordinator, will allocate the credits as you see fit.

Some of these activities will require safeguarding and GDPR oversight. If you are unsure on any of these issues guidance can be found on the Diocesan Safeguarding webpages, CSAS website, and we can try to help here as well.

**In School**

**Newsletter to keep people up to date with school and church news, send out to vulnerable and shielded people.**

Pin/ Bronze

* Within safeguarding restrictions, young people could deliver this newsletter.
* Contribute their own news.
* Attend meetings for planning, including the layout and resources needed.

Silver/Gold

* Organise meetings with others to create this newsletter.
* Design and create the newsletter.
* Liaise with school staff to create a database for delivering newsletter.

**Create a weekly games challenge for the elderly community via email including a word search, crossword and Sudoku.**

Pin/ Bronze

* Contribute their own puzzle ideas.
* Attend meetings for planning, including the layout and resources needed.

Silver/Gold

* Organise meetings with others to create the puzzles.
* Design and create the games.
* Within GDPR guidelines, liaise with school staff to create a database for the recipients.

**Litter pick around the school or in your local area.**

Pin/ Bronze

* Give up free time after school or during lunchtime to help pick up litter.
* Attend meetings for planning and scheduling dates and times for this.

Silver/Gold

* Organise a group of people to go litter picking.
* Lead planning and scheduling meetings.
* Liaise with chaplain or staff member to do this out of school.

**Volunteer to be part of form collective worship.**

Pin/ Bronze

* Offer to read.
* Be part of the planning team for this.

Silver/Gold

* Create and plan the entire collective worship session.
* Liaise with chaplain or staff member.

**Prayer Board (Leave a prayer board in the year group bubble area for people to, with their own paper and pens, write prayer intentions. At the end of the week pray for them.)**

Pin/ Bronze /Silver/Gold

* Individually, or as a group, at the end of the week pray for these intentions.

**Shoe Box/ Food Parcels/ Christmas Hampers.**

Pin/ Bronze

* Collect and bring in items to be used.
* Be part of the planning team for the distribution.

Silver/Gold

* Create a list of items which are suitable for the boxes.
* Deliver the boxes

**Create and sell face masks (using online guidance).**

Pin/ Bronze /Silver/Gold

* Sell the masks.
* Find the design, material for the masks.
* Create the masks.

**Cake Sale (Be aware, many schools will have restrictions about bringing in homemade cakes so cakes may have to be shop bought.)**

Pin/ Bronze /Silver/Gold

* Sell the cakes.
* Buy the cakes.

**Write a reflection for your school’s Social Media/ Website.**

Pin/ Bronze

* Write reflections under the direction of older young people or school chaplain.

Silver/Gold

* Organise a rota for uploads.
* Instruct and guide younger members on writing reflections.
* Upload reflections and photographs.

**Out of School**

**Help your local church with IT and Social Media.**

At this time parishes and parish priests are using the virtual world more than ever.

This can be a challenging time for parishes having to use methods of communication with which they are unfamiliar.

Young people are in a privileged position in that they are very familiar with social media and virtual communications and so would offer an invaluable resource to any parish regarding their outreach programme.

Please be aware that young people may need some guidance in following GDPR and safeguarding guidelines regarding video, media, website use. Guidance can be found on the diocesan safeguarding webpage and the CSAS website.

Pin/ Bronze

* Help the parish to use their own social media/website effectively.
* Video record Masses and other events within the church.

Silver/Gold

* Give advice to the priest and parishioners on the best ways to use social media for outreach purposes.
* Update the website/social media with announcements/news in the parish.
* Create a media strategy for the parish.

**Writing letters to Homeless, Care Homes, refugees, sending Christmas and Easter Cards.**

Pin/ Bronze

* Design the cards.
* Write the letters.

Silver/Gold

* Make a list of organisations in your local area to which these cards could be sent.

**Shopping for the vulnerable during lockdown.**

Pin/ Bronze /Silver/Gold

* Think of people in your area who might be vulnerable during this time and offer to shop for them and deliver their items outside their house.

**Donate clothes and unused items to charity shops or the homeless**

Pin/Bronze/Silver/Gold

**Donate to food banks. Many supermarkets will have a box behind the tills with suggested items for donation**

Pin/Bronze/Silver/Gold

 **Sponsored run, walk or jog.**

Pin/ Bronze

* Take part in these events.

Silver/Gold

* Organise and plan these events.

**Use existing organisations such as Brownies, Scouts, and Volunteer groups to help others in the community**

Pin/Bronze/Silver/Gold

**Use your time at home**

Within your household, there are many different things you can do which will help contribute towards this award. Here are a few ideas. The list is by no means exhaustive. Please be aware that some of these options are more suited to the lower award levels.

* Prepare a meal for your family.
* Read a book to a younger sibling.
* Help a younger sibling with their homework.
* Help with chores at home.
* Tidy your bedroom and donate your preloved clothes/toys to a charity.
* Organise and deliver a time of prayer with your family.
* Learn how coronavirus is impacting everyone in the world; also look on the Cafod website.
* Use your social media to post scriptures of hope for your friends.